



DIVER STRESS & RESCUE TRAINING RECORD

ACADEMIC SESSIONS

Student Initials	Date (DD/MM/YY)	Instructor Initials
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FINAL EXAM ANSWER SHEET

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|---|---|
| 1. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 14. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 2. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 15. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 3. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 16. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 4. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 17. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 5. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 18. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 6. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 19. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 7. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 20. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 8. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 21. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 9. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 22. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 10. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 23. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 11. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 24. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 12. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 25. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |

Initial below after exam has been corrected and reviewed with the Instructor.

Student Initials	Date (DD/MM/YY)	Instructor Initials
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POOL/CONFINED WATER 1 SIGNOFF

Student Initials	Date (DD/MM/YY)	Instructor Initials
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POOL/CONFINED WATER 2 SIGNOFF

Student Initials	Date (DD/MM/YY)	Instructor Initials
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POOL/CONFINED WATER 3 SIGNOFF

Student Initials	Date (DD/MM/YY)	Instructor Initials
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Student has met or exceeded all prerequisites for this SSI program. Student has successfully completed all Academic Sessions, all Practical Application Sessions, and has passed the Final Exam.

Instructor Signature	Date (DD/MM/YY)	Pro Number
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PRACTICAL APPLICATIONS

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| <input type="checkbox"/> Regulator Retrieval (Arm Sweep and Alternate) | <input type="checkbox"/> Removing and Replacing the Weight System (Underwater) |
| <input type="checkbox"/> Stationary Air Sharing | <input type="checkbox"/> Tired Diver Tows |
| <input type="checkbox"/> Removing and Replacing the Scuba Unit (Surface) | <input type="checkbox"/> Surface Assistance (Shore or Boat) |
| <input type="checkbox"/> Removing and Replacing the Scuba Unit (Underwater) | <input type="checkbox"/> Assisting a Struggling or Panicked Diver |
| <input type="checkbox"/> Emergency Swimming Ascent (ESA) | <input type="checkbox"/> Initiating the Rescue Chain |
| <input type="checkbox"/> Emergency Buoyant Ascent | <input type="checkbox"/> Unconscious Diver Underwater |
| <input type="checkbox"/> Cramp Removal | <input type="checkbox"/> Bringing an Unconscious Diver to the Surface |
| <input type="checkbox"/> No-Mask Swim | <input type="checkbox"/> Unconscious Diver on the Surface |
| <input type="checkbox"/> Breathing from a Free-flowing Regulator | <input type="checkbox"/> Transporting an Unconscious Diver |
| <input type="checkbox"/> Disconnect/Reconnect an Inflator Hose | <input type="checkbox"/> Removing an Unconscious Diver From the Water |
| <input type="checkbox"/> Buoyancy Control (Surface and Underwater) | <input type="checkbox"/> Missing Diver Search |
| <input type="checkbox"/> Removing and Replacing the Weight System (Surface) | <input type="checkbox"/> Administering CPR and Oxygen |

OPEN WATER TRAINING DIVE 1 SIGNOFF

Student Initials	Date (DD/MM/YY)	Instructor Initials
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OPEN WATER TRAINING DIVE 2 SIGNOFF

Student Initials	Date (DD/MM/YY)	Instructor Initials
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OPEN WATER TRAINING DIVE 3 SIGNOFF

Student Initials	Date (DD/MM/YY)	Instructor Initials
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Student Signature	Date (DD/MM/YY)
Parent or Guardian signs here IF STUDENT IS A MINOR	