



www.a1scuba.com

## A-1 SCUBA & TRAVEL CENTER

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# SEAL TEAM



## Action, Adventure, Aquamissions!

### Who can be a PADI Seal?

The PADI Seal Team is a program for children eight years of age and older that keeps kids diving until they turn 10 and can take the PADI Junior Scuba Diver or Junior Open Water Diver program. Your kids can jump straight into the PADI Seal Team program or start after experiencing our Bubblemaker program. The PADI Seal Team provides a structured learning environment combined with enjoyable scuba activities. This stimulating program appeals to kids who crave adventure, seek the challenge of learning new skills and want to gain an appreciation for preserving the aquatic realm. They also earn credit towards their Jr. Open Water Diver certification.

### What do PADI Seals do?

PADI Seals learn the basics of scuba diving through several Aquamissions. There are 15 missions, but after the first five, participants become PADI Seal Team Members. In the first Aquamission, Seals learn how to breathe underwater, learn about their air gauge and practice hand signals. In Aquamission #2, they build on their scuba skills (practicing regulator skills, becoming more confident divers and great PADI Seal Team buddies). The third Aquamission includes more exciting skills (mask clearing, octopus breathing and hand signals). In the fourth Aquamission, Seals learn what it's like to be weightless (bouyancy) - just like an Astronaut in space! Aquamission #5 is the last step in becoming a PADI Seal Team Member. In the last Aquamission, we review what the Seals have learned, and add some fun surface skills (Snorkeling)!

**The adventure continues...**Our underwater space station, underwater wreck and many other adventures await PADI Seals after they complete their first five Aquamissions. Seal Team Members complete 10 specialty recreational and educational Aquamissions to become Master Seal Team Members. Check out our Master Seal Team program.

### PREREQUISITES

- ⇒ 8 years or older
- ⇒ Basic swimming ability
- ⇒ Completion of Aquamission Activity Book and Video

### INCLUDED

- ⇒ Orientation Session
- ⇒ Aquamission Pool Sessions
- ⇒ Use of Seal Team Gear
- ⇒ PADI Seal Team Member Card

### WHAT YOU NEED

- ⇒ Seal Team Adventure Pack
- ⇒ Transportation
- ⇒ Towel & Swimsuit

### SEAL TEAM FEE

**\$ 99.00 Per Person**  
\*plus cost of Adventure Pack